Subject Discharge Instructions: Extravasation of Contrast Media

Subject Name: _________________________________________

Study Name: ____________________________________________

Today you were evaluated by Dr./R.N._________________________

During your study today, you received an IV (into the vein) injection of contrast. This contrast fluid has leaked into the tissue causing pain and swelling. This is called “extravasation.” The swelling and pain usually will go away in 6-12hrs: however, it may take many hours or even days before symptoms totally go away.

**After discharge from CTI, it is important to do the following:**

- Rest and elevate the affected limb _______________________
- Apply ice packs to affected area for 15-60 minutes 3-4 times a day. Continue this for 1-3 days or until symptoms resolve. Do not apply the ice pack directly on the skin: a small towel may be used to cover the ice pack. This treatment will help limit the swelling and discomfort.
- If you have pain the following medication as directed:_________________________________
- It is important to see your doctor or go to the emergency room (ER) if the following occur:
  - Increased difficulty in moving the affected limb
  - Skin changes such as blistering, or numbness/tingling of the limb
  - Increased pain
- Other instructions:

Instructions reviewed with subject by:

__________________________  ______________________________
Physician’s Signature        Nurse Signature

I have read and understand the discharge instructions, and consent to a follow-up call at:

__________________________  ______________________________
Subject’s signature          date               daytime phone number

Date follow-up completed: __________

By: __________________________

Details:________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________

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